



Cork City Marathon's Commitment to the SheRACES Guidelines to support female participants.

1. **Diversity of Athletes in Marketing imagery.**
We strive to have diversity in our marketing imagery.
2. **Our Prize Structure:**
All our prizes are the same value for male and female athletes
3. We review our Toilet and changing facilities to ensure suitability. **In 2024 we will make Period Products available at our water stations.**
4. We ensure the female races are given **equal prominence** to our male races.
5. We offer **full refund or transfer** (whichever suits the participant best) for **women who fall pregnant before the race.**
6. For 2024 we have waived the previous minimum of 3 in an age category rule to encourage gender equality and age diversity
7. We endeavour to communicate and enforce a **no tolerance policy for harassment of any kind** (runners, event volunteers and staff).
8. **Constantly review** how we can make our races easier for all to compete in.
9. **Adhere to all the SheRace Guidelines** which can be found here [Home | SheRACES](#)