



AGE FRIENDLY - OLDER PEOPLES COUNCIL EXPRESSION OF INTEREST FORM

Through the National Age Friendly Programme, Cork City Council is committed to creating an inclusive, equitable society in which older people can live full, active, valued and healthy lives.

Cork City Age Friendly Older Peoples Council (OPC) plays a vital role in our Age Friendly Programme – it is a representative group for older people living in Cork, established by Cork City Council.

OPC members are invited to attend quarterly meetings in City Hall and have the opportunity to take part in national consultations and training.

Participation in the Age Friendly Forum is a great way to contribute to the shape of your city for years to come, making Cork City a great place to grow old in.

The role of the Cork City OPC is to:

- **identify priority areas of need and to speak with a unified authentic voice on matters of concern for older people in Cork City.**
- **inform and influence the decision-making process of the Age-Friendly Alliance and Age-Friendly Programme.**
- **represent the diversity that exists among our ageing population in Cork City.**
- **participate in the National Committee of Older People's Council's.**

Membership of the Age Friendly OPC is open to all older people's groups, clubs, associations, organisations and individuals, committed to improving the quality of life of older people in the city.

Currently the Age Friendly Older Peoples Council are looking for new members from all over the city who are committed to improving the quality of life of older people in Cork.